



CLACKAMAS UNITED

SOCCER CLUB

Fall 2010 Information Newsletter

Welcome to the 2010 Clackamas United Soccer Season

The fall season runs from Saturday, September 11th to Saturday, November 13th (Minis/Micros at the end of October). Teams are in the process of being divided up and coaches will soon be contacting you to introduce themselves. The individual coaches will set the time and place of soccer practices.

The following information should answer many questions that you might have. This is a time in which you can cheer your child on and enjoy the action that takes place on the field for both teams. Keep your cameras ready and welcome to the world of soccer. Your role is to cheer, smile and enjoy the season. Never measure your child against another player to check progress - be patient as your child's skill develops. Time and their personal interest in the sport will contribute to them growing as an athlete. It is very important to remember that the league is made up of children who will make mistakes as children - be careful not to put adult qualities and adult motives to kids. Let your coach do the coaching - just encourage your child to keep trying.

We Coach - They Play - You Cheer

We are here to use the sport of soccer as a means to promote sportsmanship and concepts of fun and fair play. Our main priorities are as follows:

- Have FUN and keep trying
- Promote and expect great sportsmanship
- Learn soccer fundamentals and teamwork
- Growth is measured by individual progress not by a win/loss record

Welcome again - we could not have the league without you and our volunteers. We welcome your input. Our website (www.ClackamasUnited.com) has direct links to email our board members.

- Your Clackamas United Soccer Board

Practices

Practices begin the week of August 9th for ages U8-U14 and the week of August 23rd for our Minis/Micros Program U5-U7. If you have not heard from your coach by August 15th, please email our Registrar at Registrar@ClackamasUnited.com. Please make sure that your player attends. It is very important to have them there and on time. Those players who attend practice the most understand the game the most. Coaches will assign the team practice time and location. If you need to discuss a concern with a coach - try to do so anytime except games or practices - that is their time with your child and the rest of the team. Coaches have their hands full with setup, take down, warm ups, line ups and more. Players should bring their ball, cleats, shin guards and water.

Proper Ball Size:

- U5-U7 use a size 3
- U8-U12 use a size 4
- U13-U14 use a size 5

Player Cards

All players U8 and above are required to have a player card to play which requires a picture of the player. If you registered using our online registration you will be able to upload a picture of your child. If you registered by paper, please email a headshot picture of your child to Kim at registrar@clackamasunited.com and she will upload the picture for you. Please do so by **Friday, August 13th** so that we may have all the cards made in time for the season to start.

Uniforms

U5-U7 (Minis/Micros Program): The league provides a t-shirt to all players in this age group. When you registered you chose a t-shirt size for your child. The t-shirts have been ordered and will be available to be picked up beginning Tuesday, August 17th at Asphalt Jungle Sports. They are located in the Albertson's shopping plaza and their hours are Tuesday - Friday 10 am to 7 pm and Saturdays 11 am to 5 pm. Along with the t-shirt the kids are requested to wear black shorts and black socks which can be purchased at Asphalt Jungle as well.

U8 and above: Clackamas United has a contract with Nike which enables us to purchase Nike uniforms at a reduced cost. Our Nike uniform package costs \$55 and consists of 2 jerseys (red and black), one pair of black shorts and 2 pair of black socks. If you have a uniform from a previous year and it still fits, you do not have to purchase a new uniform package. Uniforms will be available to be picked up beginning Tuesday, August 17th at Asphalt Jungle Sports. They are located in the Albertson's shopping plaza and their hours are Tuesday - Friday 10 am to 7 pm and Saturdays 11 am to 5 pm.

Donated items: Clackamas United receives many requests for used uniforms. If you have uniforms that you no longer use, please consider donating them. You may drop them off at Asphalt Jungle Sports.

Practice Fields

As a league we have the following fields available for teams to practice on:

- Hoodview Park
- Pfeifer Park
- Happy Valley Elementary School
- Oregon Trail Elementary School
- Mt. Scott Elementary School
- Spring Mtn. Elementary School
- Sunnyside Elementary School
- Clackamas High School
- Alder Creek Middle School

Please remember that we want to leave each field (on game day or practice day) better than what we found. Pick up any and all trash or water bottles. Be considerate of any teams practicing there and share space. This also means consideration for the neighboring homes to the practice fields.

Website

Our website is full of information for soccer all year round. Our website address is www.ClackamasUnited.com Visit it for field directions, clinics, flyers and registration forms and pictures. We encourage you to submit photos or artwork which could be placed on our website. We never place the names of players with the photos. Please submit them to photos@clackamasunited.com.

Have a Great Soccer Season!

